



## September 2019



### MACMILLAN COFFEE/TEA

**AFTERNOON.** Join us in  
the Drawing Room on

**Friday 27<sup>th</sup> September**

**from 2.30pm** for our annual Macmillan  
Coffee/Tea afternoon with tombola.

**Help us raise some money for this  
worthwhile cause.**



**Monday 2<sup>nd</sup> September**  
2.30pm Activity Room

**GENTLE EXERCISES TO MUSIC.**  
Followed by afternoon tea.



**Tuesday 3<sup>rd</sup> September**  
2.30pm Activity Room

**MULTI-ACTIVITIES AFTERNOON.**



Scrabble, Rummikub  
Cards, Jigsaws,  
Dominoes, Bagatelle,  
just a few ideas  
for you to choose from.  
Art materials are also available.  
Followed by afternoon tea.



**Wednesday 4<sup>th</sup> September**  
From 10.30am

**P.A.T. (Pets As Therapy)**  
**DOG VISIT. Claire Jenkinson**  
**with her dog Ambrose.**



2.30pm Activity Room



**DVD: "THE MIGHTY MISSISSIPPI"**  
**part 3 with Sir Trevor MacDonal.**  
Followed by afternoon tea.

**Thursday 5<sup>th</sup> September**  
Depart 2pm

**OUTING TO GUILDFORD CATHEDRAL**  
**TO SEE THE "LIGHT IN ABSTRACTION"**  
**art exhibition**  
**with afternoon tea.**



Or  
2.30pm Activity Room

**WORD GAMES WITH JOJO.** Followed by  
afternoon tea.

From 5.30pm  
Drawing Room

**DRINKS PARTY FOR RESIDENTS &**  
**RELATIVES** to meet glass sculptor **Adam**  
**Aaronson** and discuss his "Inspiration in  
the Garden" exhibit.

**Friday 6<sup>th</sup> September**  
2.30pm Activity Room

**A ONE-TO-ONE AFTERNOON WITH  
CAROL AND TINA.**

Followed by afternoon tea.

**Saturday 7<sup>th</sup> September**  
2pm Activity Room



**FILM SATURDAY:**

**“THE MIKADO,”**

**Performed by the D'Oyly  
Carte Opera Company.**

Followed by afternoon tea.

**Monday 9<sup>th</sup> September**  
2.30pm Activity Room

**‘LET’S TALK’ AFTERNOON. A chance  
to discuss various topics.**

Followed by afternoon tea.

**Tuesday 10<sup>th</sup> September**  
2.30pm Activity Room

**ARMCHAIR YOGA WITH  
CHRISTINE SHAW.**

Followed by afternoon tea.



**Wednesday 11<sup>th</sup> September**  
2.30pm Activity Room



**POETRY FOR PLEASURE.**

Followed by afternoon  
tea.

**Thursday 12<sup>th</sup> September**  
2.30pm Activity Room

**PIANO RECITAL  
BY KEVIN JACOT  
and a sing-along  
with the staff.**

Followed by afternoon tea.





**Friday 13<sup>th</sup> September**  
2.30pm Activity Room

**SENSORY BAGS. Decorate a bag for some of our residents.**  
Followed by afternoon tea.



**Monday 16<sup>th</sup> September**  
2.30pm Activity Room



**MEMORY GAME.**  
Followed by afternoon tea.

**Tuesday 17<sup>th</sup> September**  
2.30pm Activity Room

**PICTURE QUIZ.**  
Followed by afternoon tea.



**Wednesday 18<sup>th</sup> September**  
From 10.30am

**P.A.T. (Pets As Therapy) DOG VISIT.**  
**Claire Jenkinson with her dog Ambrose.**



2.30pm Activity Room

**MUSICAL REQUESTS.**  
Followed by afternoon tea.



**Thursday 19<sup>th</sup> September**  
2.30pm Activity Room

**RE-DO THE BOARD FOR AUTUMN.**  
Followed by afternoon tea.



**Friday 20<sup>th</sup> September**  
2.30pm Activity Room

# BOOK CLUB

**BOOK CLUB WITH ANN - STORIES THAT "HIT THE HEADLINES."**

**Author of the month Spike Milligan.**  
Followed by afternoon tea.

**OR**  
2pm – 4.30pm  
Residents' rooms

**"NEED SOMETHING DOING?"**  
One-to-one with Tina.



**Saturday 21<sup>st</sup> September**  
2pm Activity Room

**FILM SATURDAY: "THE ITALIAN JOB"**

starring **Michael Caine.**

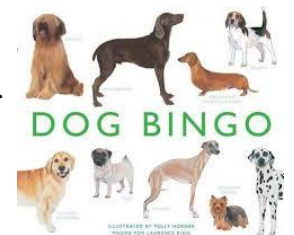
Followed by afternoon tea.



**Monday 23<sup>rd</sup> September**  
2.30pm Activity Room

**DOG BINGO GAME.**

Followed by afternoon tea.



**Tuesday 24<sup>th</sup> September**  
2.30pm Activity Room



**ARMCHAIR YOGA WITH CHRISTINE SHAW.**

Followed by afternoon tea.

**Wednesday 25<sup>th</sup> September**  
2.30pm Activity Room



**HARVEST COMMUNION  
WITH REVD. LIZ TILLEY.**

Family and friends are welcome to join us and stay for tea at 3.15pm.

**Thursday 26<sup>th</sup> September**  
2.30pm Activity Room

**ROWLEDGE BELL RINGERS.**  
Followed by afternoon tea.



**Friday 27<sup>th</sup> September**  
2.30pm Drawing Room

**MACMILLAN COFFEE AFTERNOON.**



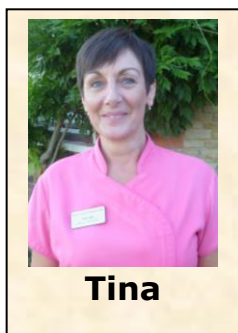
Come and join us for our annual tea/coffee afternoon with tombola to raise money for this worthwhile cause.

**Monday 30<sup>th</sup> September**  
2.30pm Activity Room

**INDOOR GAMES.**  
Followed by afternoon tea.



## ACTIVITIES AND WELLBEING TEAM



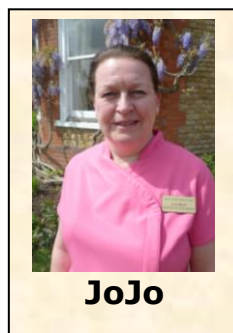
**Tina**



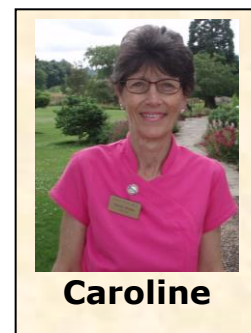
**Carol**



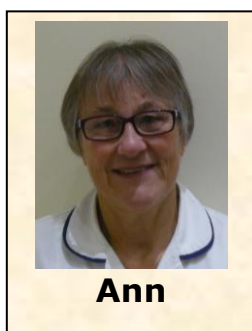
**Lisa**



**JoJo**



**Caroline**



**Ann**



**Revd Liz**

<b>Monday</b>	<b>Tina, Caroline, Lisa</b>
<b>Tuesday</b>	<b>Tina, Lisa, JoJo, (Caroline)</b>
<b>Wednesday</b>	<b>Tina, Carol, Lisa</b>
<b>Thursday</b>	<b>Tina, Carol, Lisa, (Caroline)</b>
<b>Friday</b>	<b>Tina, Carol, Lisa</b>
<b>Saturday</b>	<b>Ann (2 x Monthly Film Club); Lisa 1 x month</b>
<b>Sunday</b>	<b>Lisa 1 x month</b>

### **PASTORAL CARE**

Revd Liz Tilley, our Chaplain, will **usually** be visiting on Monday and Wednesday afternoons. Father David Osborne will visit residents on request. Mrs Ann Streeter comes to give Communion as required.

### **HAIRDRESSING**

Lisa Ward is available from Monday-Thursday by prior arrangement. Please speak to the Staff Nurse to book an appointment.

### **MANICURES & FOOT HEALTH PROFESSIONAL**

Kim O'Sullivan of "Feet First" will be attending every week, usually on a Thursday. Please speak to the Staff Nurse to book an appointment.

### **MASSAGE THERAPY DAYS**

Val Hutton will be available for treatments on Tuesdays and Thursdays by prior arrangement.

### **HOLIDAYS**

Carol will be on holiday on 18<sup>th</sup>, 19<sup>th</sup> and 20<sup>th</sup> September inclusive. Tina will be on holiday on 13<sup>th</sup> September.

**MACMILLAN COFFEE AFTERNOON POSTER??**

[www.birtleyhouse.co.uk](http://www.birtleyhouse.co.uk)