



## RESIDENTS' ENTERTAINMENT PROGRAMME

# January 2019

**Tuesday 1<sup>st</sup> January**  
2.30pm Activity Room

**HAPPY REFLECTIONS OF** **2018**  
Followed by afternoon tea.

**Wednesday 2<sup>nd</sup> January**  
2.30pm Activity Room

**ARMCHAIR YOGA AND EXERCISES.**  
**with Christine Shaw.**  
Followed by afternoon tea.



**Thursday 3<sup>rd</sup> January**  
2.30pm Activity Room

**PIANO RECITAL BY KEVIN JACOT and**  
**a sing-along with the**  
**staff.** Followed by  
afternoon tea.



**Friday 4<sup>th</sup> January**  
2.30pm Activity Room

**Heather Sullivan's 4<sup>th</sup> visit -  
WEALD & DOWNLAND LIVING  
MUSEUM.** Followed by afternoon tea.



**Saturday 5<sup>th</sup> January**  
2pm Activity Room

**FILM SATURDAY: SLEEPING BEAUTY**  
with the Royal Ballet Company.  
Followed by afternoon tea.



**Monday 7<sup>th</sup> January**  
2.30pm Activity Room

**GENTLE EXERCISES TO MUSIC.**  
Followed by afternoon tea.



**Tuesday 8<sup>th</sup> January**  
2.30pm Activity Room

**BIRD FOOD FOR OUR  
FEATHERED FRIENDS.**  
Followed by afternoon tea.

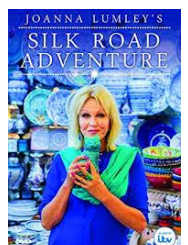


**Wednesday 9<sup>th</sup> January**  
From 10.30am

**P.A.T. (Pets As Therapy)  
DOG VISIT. Claire Jenkinson  
with her dog Ambrose.**

2.30pm Activity Room

**DVD: JOANNA LUMLEY'S SILK  
ROAD ADVENTURE, ep 1.**  
Followed by afternoon tea.



**Thursday 10<sup>th</sup> January**  
From 10.30am

**P.A.T. (Pets As Therapy) CAT VISIT.**  
Sue and Qweenie (Burmese cat) will come in the morning.

2.30pm Activity Room

**RE – DO THE BOARD FOR THE NEW YEAR.** Followed by afternoon tea.

**Friday 11<sup>th</sup> January**  
2.30pm Activity Room

**MULTI-ACTIVITIES AFTERNOON.**

Scrabble, Rummikub Cards, Jigsaws, Dominoes, Bagatelle just a few ideas for you to choose from. Art materials are also available. Followed by afternoon tea.



**Sunday 13<sup>th</sup> January**  
10am – 5pm

**LISA (WELL-BEING COMPANION)**  
will be visiting residents in their rooms.

**Monday 14<sup>th</sup> January**  
2.30pm Activity Room

**MEMORY GAME**

Followed by afternoon tea.

**Tuesday 15<sup>th</sup> January**  
2.30pm Activity Room

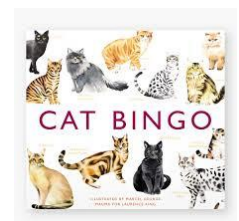
**ARMCHAIR YOGA AND EXERCISES**  
with Christine Shaw.

Followed by afternoon tea.



**Wednesday 16<sup>th</sup> January**  
2.30pm Activity Room

**CAT BINGO.**  
Followed by afternoon tea.



**Thursday 17<sup>th</sup> January**  
From 10.30am in the  
Drawing Room

**RESIDENTS' COFFEE  
MORNING.**



2.30pm Activity Room



**OF TOWNS AND  
VILLAGES.**

Followed by afternoon tea.

**Friday 18<sup>th</sup> January**  
2.30pm Activity Room

**SONGS FROM 'THE SHOWS' AND  
OTHERS. Performance by Katie Lamy  
(Pauline's daughter.)**

Followed by afternoon tea.



**Saturday 19<sup>th</sup> January**  
1.45pm Activity Room

**THE GREAT  
ESCAPE**



**FILM SATURDAY:**

**"THE GREAT ESCAPE,"**

**starring Steve McQueen.**

**Award winning film set  
during World War II based  
on a true story. Followed  
by afternoon tea.**

**Monday 21<sup>st</sup> January**  
2pm Activity Room  
*(N.B early start)*

**FOLLOW-UP VISIT OF PUPILS FROM  
GOSDEN HOUSE SCHOOL to recite  
their poems and prose following  
their previous visit here. Followed by  
afternoon tea.**

**Tuesday 22<sup>nd</sup> January**  
2.30pm Activity Room

**GENTLE EXERCISES TO MUSIC.**

Followed by afternoon tea.



**Wednesday 23<sup>rd</sup> January**  
**From 10.30am**



**P.A.T. (Pets As Therapy)**  
**DOG VISIT.**  
**Claire Jenkinson**  
**with her dog Ambrose.**

2.30pm Activity Room

**HOLY COMMUNION SERVICE**  
**with Revd Liz Tilley. Family**  
**and friends are welcome to**  
**join us and stay for tea at**  
**3.15pm. Followed by afternoon tea.**



**Thursday 24<sup>th</sup> January**  
10.30am Activity Room

Numbers are limited so  
if you wish to come  
please see the Activities  
team.

**VISIT FROM LITTLE HARRIER'S**  
**NURSERY CHILDREN.**



2.30pm Activity Room



**MULTI-ACTIVITIES**  
**AFTERNOON**

Scrabble, Rummikub  
Cards, Jigsaws, Dominoes,  
Bagatelle just a few ideas  
for you to choose from.  
Art materials are also  
available. Followed by  
afternoon tea.



**From 5.45pm Activity Room**



**KILTS AND**  
**TARTAN ARE**  
**OPTIONAL!**

**Friday 25<sup>th</sup> January**  
2.30pm Activity Room



**BOOK CLUB with Ann -**  
“New Books of 2018 plus something  
Scottish to celebrate Burns’ Night”  
Followed by afternoon tea.

or

**GIRL FRIDAY WITH TINA**  
**In Residents’ Rooms**  
**2pm – 4.30pm**



**Saturday 26<sup>th</sup> January**  
2.30pm Activity Room

**ACTIVITY WITH LISA.**  
Followed by afternoon tea.



**Monday 28<sup>th</sup> January**  
2.30pm Activity Room

**INDOOR GAMES.**  
Followed by afternoon tea.

**Tuesday 29<sup>th</sup> January**  
2.30pm Activity Room

**POETRY FOR PLEASURE.**  
Followed by afternoon  
tea.



**Wednesday 30<sup>th</sup> January**  
2.30pm Activity Room



Followed by afternoon tea.

**Thursday 31<sup>st</sup> January**  
2.30pm Activity Room

**HARP RECITAL WITH JULIE BEAVEN.**

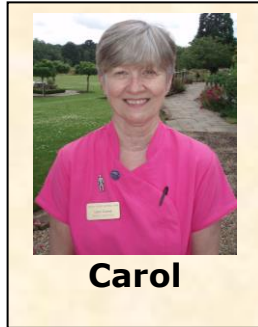


Followed by  
afternoon tea.

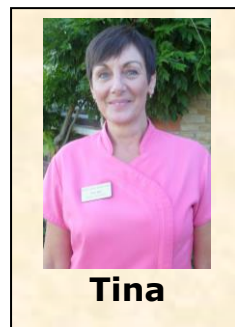
## ACTIVITIES AND WELLBEING TEAM



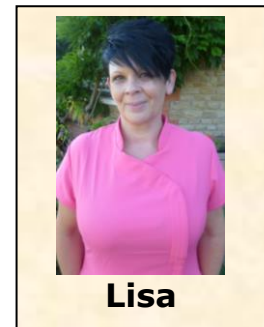
**Caroline**



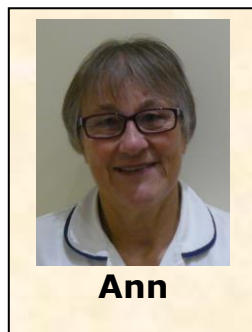
**Carol**



**Tina**



**Lisa**



**Ann**



**Revd Liz**

|                  |  |
|------------------|--|
| <b>Monday</b>    | <b>Caroline, Tina, Lisa</b>                            |
| <b>Tuesday</b>   | <b>Caroline, Carol, Lisa</b>                           |
| <b>Wednesday</b> | <b>Carol, Tina, Lisa</b>                               |
| <b>Thursday</b>  | <b>Caroline, Carol, Tina, Lisa</b>                     |
| <b>Friday</b>    | <b>Carol, Tina, Lisa</b>                               |
| <b>Saturday</b>  | <b>Ann (2 x Monthly Film Club);<br/>Lisa 1 x month</b> |
| <b>Sunday</b>    | <b>Lisa 1 x month</b>                                  |

### **PASTORAL CARE**

Revd Liz Tilley, our Chaplain, will **usually** be visiting on Monday and Wednesday afternoons. Father David Osborne will visit residents on request. Mrs Ann Streeter comes to give Communion as required.

### **HAIRDRESSING**

Lisa Ward is available from Monday-Thursday by prior arrangement. Please speak to the Staff Nurse to book an appointment.

### **MANICURES & FOOT HEALTH PROFESSIONAL**

Kim O'Sullivan of "Feet First" will be attending every week, usually on a Thursday. Please speak to the Staff Nurse to book an appointment.

### **MASSAGE THERAPY DAYS**

Val Hutton will be available for treatments on Tuesdays and Thursdays by prior arrangement.



[www.birtleyhouse.co.uk](http://www.birtleyhouse.co.uk)



**Birtley House Nursing Home**



**@birtleyhouse\_nursinghome**